

**ANALYSIS OF O‘LMAS UMARBKOV’S NOVEL “IT IS DIFFICULT TO BE A HUMAN”**

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**Abstract:** This article analyzes O‘lmas Umarbekov’s novel “Odam bo‘lish qiyin” from literary, moral, and psychological perspectives. The work is considered one of the important examples of twentieth-century Uzbek prose, as it explores the complexity of becoming a truly humane person. The article focuses on the main idea of the novel, which is expressed through its title: being born as a human being is natural, but becoming a morally mature and responsible person is a difficult process. The study examines the artistic interpretation of human character, the role of social environment, the importance of conscience, honesty, kindness, responsibility, and spiritual maturity in the development of personality. Special attention is paid to the psychological depth of the characters and the moral conflicts that reveal their inner world. The article concludes that “Odam bo‘lish qiyin” has strong educational significance because it encourages readers to think about humanity, moral responsibility, and self-improvement.

**Keywords:** O‘lmas Umarbekov, Odam bo‘lish qiyin, Uzbek prose, humanism, morality, conscience, responsibility, psychological analysis, moral conflict, spiritual maturity.

**Introduction**

O‘lmas Umarbekov is one of the prominent representatives of Uzbek literature whose works occupy an important place in the development of twentieth-century Uzbek prose [1]. His literary heritage is distinguished by its deep psychological observation, realistic depiction of social life, and attention to moral and spiritual problems of human existence [2]. Among his works, “**Odam bo‘lish qiyin**” — translated as “**It Is Difficult to Be a Human**” — is especially significant because it raises important questions about personality, morality, conscience, responsibility, and the complexity of becoming a true human being [3]. The title of the work itself expresses the main idea of the novel. To be born as a human being is natural, but to become a real person with moral purity, honesty, compassion, dignity, and responsibility is a difficult process [4]. Through this idea, Umarbekov draws the reader’s attention to the inner struggles of the individual and the moral challenges that appear in everyday life. The work shows that human value is not measured only by social position, material success, or external appearance, but by one’s moral choices, attitude toward others, and ability to remain honest in difficult situations [5].

In “**Odam bo‘lish qiyin,**” the author describes human character in connection with family, society, education, friendship, love, and personal responsibility [3]. The characters of the work face various life situations that test their beliefs, emotions, and moral principles. Through these situations, Umarbekov reveals the contradiction between good and evil, sincerity and hypocrisy, loyalty and betrayal, selfishness and humanity [6]. As a result, the novel becomes not only a literary narrative but also a moral-philosophical reflection on the meaning of being human. The relevance of this article lies in the fact that the moral issues raised in the novel remain important for today’s society. In modern life, people often face problems related to honesty, justice, responsibility, respect, and spiritual maturity. Therefore, the analysis of Umarbekov’s work helps readers understand the importance of moral education and personal development [7]. The novel encourages individuals to think about their behavior, life choices, and responsibility before society.

The purpose of this article is to analyze the artistic and ideological features of O‘lmas Umarbekov’s **“Odam bo‘lish qiyin”** within the framework of the IMRaD structure. The article aims to reveal how the author presents the process of human moral formation, how the characters express different aspects of human nature, and how the work reflects social and ethical problems [2]. Special attention is given to the interpretation of the title, the system of characters, the role of conflict, and the moral message of the novel. Thus, **“Odam bo‘lish qiyin”** may be regarded as a work that teaches readers to understand the complexity of human life and the responsibility of becoming a morally mature person. Through realistic events and psychologically convincing characters, O‘lmas Umarbekov shows that true humanity requires patience, honesty, conscience, kindness, and constant self-improvement [6].

### Materials and Methods

This article is based on a literary and analytical study of O‘lmas Umarbekov’s novel **“Odam bo‘lish qiyin”**. The main material of the research is the text of the novel itself, in which the author reflects the moral formation of a person, the complexity of human character, and the social problems connected with honesty, conscience, responsibility, and spiritual maturity. The work is analyzed as an example of twentieth-century Uzbek prose that pays special attention to the inner world of the individual and the moral choices people make in society [1]. The methodological basis of the article includes descriptive, analytical, and comparative methods. The descriptive method is used to explain the main plot, characters, conflicts, and ideological content of the novel. The analytical method helps to study the moral and psychological features of the characters, their behavior, life choices, and attitude toward social values. The comparative method is used to compare the positive and negative qualities of the characters and to reveal the contrast between humanity and selfishness, sincerity and hypocrisy, moral purity and spiritual weakness [2].

In the process of analysis, special attention is paid to the title of the work. The phrase **“Odam bo‘lish qiyin”** expresses the main philosophical idea of the novel: being born as a human is natural, but becoming a truly moral and responsible person is a difficult process. Therefore, the title is studied as a key element that connects the plot, character development, and the author’s ideological message. Through this approach, the article reveals how Umarbekov presents the concept of humanity as a result of moral struggle, self-awareness, and responsibility [3]. The research also uses a moral-philosophical approach. This approach makes it possible to interpret the events and characters of the novel in relation to such values as conscience, honesty, kindness, justice, dignity, and social responsibility. The behavior of the characters is studied not only as part of the plot but also as a reflection of broader ethical problems. In this sense, the novel is considered a work that encourages readers to think about the meaning of human life and the importance of moral education [4]. Another important method used in the article is psychological analysis. Umarbekov’s prose is characterized by attention to the inner experiences, doubts, emotions, and moral conflicts of his characters. Therefore, the psychological method helps to reveal how the characters change under the influence of life situations, how they respond to difficulties, and how their moral qualities are tested. This method also allows the study to show the connection between the individual and society in the formation of human character [5].

Thus, the materials and methods of this article are directed toward revealing the artistic, ideological, moral, and psychological features of **“Odam bo‘lish qiyin.”** The combination of literary analysis, moral-philosophical interpretation, and psychological observation helps to understand the main idea of the work and the author’s message about the difficulty and responsibility of becoming a true human being [6].

## Results

The analysis of O'lmas Umarbekov's "**Odam bo'lish qiyin**" shows that the work is centered on the moral formation of a person and the difficulties of becoming a truly humane individual. The main result of the study is that the novel presents humanity not as a biological state, but as a moral and spiritual achievement. Through the actions, thoughts, and conflicts of the characters, the author demonstrates that a person becomes truly human only through honesty, conscience, responsibility, kindness, and self-awareness [6]. One of the key findings is that the title of the work directly reflects its ideological essence. The phrase "**It Is Difficult to Be a Human**" emphasizes that human maturity requires constant moral effort. The characters in the novel face situations that test their values, beliefs, and personal responsibility. These situations reveal whether a person is guided by conscience and justice or by selfishness, indifference, and hypocrisy. Therefore, the title functions as a philosophical conclusion and as a guiding idea for the whole work [7].

Another important result is connected with the realistic depiction of social life. Umarbekov shows that human character is formed under the influence of family, society, education, friendship, and personal experience. The moral choices of the characters are not isolated from their environment. On the contrary, social relationships become the main space where their true nature is revealed. In this sense, the novel reflects the close connection between the individual and society [8]. The study also reveals that the author pays great attention to psychological analysis. The characters are shown not only through external actions but also through inner experiences, doubts, conflicts, and emotional changes. This psychological depth helps the reader understand the reasons behind their behavior. As a result, the novel becomes not only a social story but also a psychological study of human nature [6].

The following table summarizes the main results of the analysis:

Aspect of analysis	Main finding	Literary significance
Title of the work	The title expresses the idea that becoming a true human being is a difficult moral process	It serves as the ideological center of the novel
Character system	Characters reveal different moral qualities such as honesty, selfishness, kindness, and responsibility	It helps show the contrast between humanity and moral weakness
Conflict	The main conflicts are moral, psychological, and social	They test the characters' conscience and life choices
Social environment	Family, society, education, and friendship influence the formation of personality	It shows the connection between individual behavior and social life
Psychological depiction	The author describes inner struggles, doubts, and emotional experiences	It deepens the realism and artistic value of the work
Moral message	True humanity is connected with conscience, honesty, kindness, and self-improvement	The novel has educational and ethical significance

The table shows that **“Odam bo‘lish qiyin”** is a work with strong moral, social, and psychological content. Each element of the novel — the title, characters, conflict, setting, and author’s message — serves to reveal the complexity of human nature. The characters’ actions become a means of evaluating their moral level and their ability to remain human in difficult circumstances [9].

The results also indicate that Umarbekov’s work has an educational function. The novel encourages readers to think about their own moral choices and responsibilities. It teaches that being a real person means not only living in society but also respecting others, being honest, acting with conscience, and improving oneself. In this way, the work remains relevant for modern readers, because the issues of morality, responsibility, and human dignity are important in every period [7]. Thus, the analysis proves that **“Odam bo‘lish qiyin”** is a literary work that combines realism, psychological depth, and moral-philosophical meaning. Umarbekov presents the process of becoming human as a difficult but necessary path. The novel’s main artistic value lies in its ability to show the inner and outer struggles of a person and to emphasize that true humanity is achieved through moral strength, responsibility, and spiritual maturity [8].

## Discussion

The results of the analysis show that O‘lmas Umarbekov’s **“Odam bo‘lish qiyin”** is not only a literary work about social life, but also a moral and philosophical reflection on the meaning of being human. The novel demonstrates that humanity is not determined only by birth, social status, education, or external behavior. Instead, true humanity is formed through conscience, honesty, responsibility, kindness, and the ability to make morally correct choices in difficult situations [7]. One of the main points of discussion is the meaning of the title. The phrase **“It Is Difficult to Be a Human”** expresses the central idea of the work. Umarbekov suggests that becoming a real human being is a long and complex process that requires self-awareness and moral strength. The characters of the novel face different life situations that reveal their inner qualities. Through these situations, the author shows that a person’s true nature becomes visible not in ordinary moments, but in moments of conflict, choice, and responsibility [8]. The novel also shows the importance of social environment in shaping personality. Family, friends, education, and society influence the characters’ worldview and behavior. However, Umarbekov does not present a person as a passive product of the environment. On the contrary, he emphasizes that every individual is responsible for their own moral choices. This idea gives the work strong educational value, because it encourages readers to think about their personal responsibility before society and other people [7].

Another important aspect of the discussion is the psychological depth of the work. Umarbekov pays attention not only to external events but also to the inner world of the characters. Their doubts, emotions, mistakes, hopes, and moral struggles help the reader understand the complexity of human nature. This psychological approach makes the novel more realistic and convincing. It also shows that moral maturity is achieved through inner struggle and self-improvement [9].

The conflict between good and evil, sincerity and hypocrisy, responsibility and indifference is one of the main artistic features of the novel. These contrasts help reveal the ideological message of the work. Positive qualities such as honesty, kindness, loyalty, and conscience are presented as the foundation of true humanity, while selfishness, hypocrisy, irresponsibility, and moral weakness are shown as obstacles to becoming a real person [8]. In this sense, **“Odam bo‘lish qiyin”** has great relevance for modern readers. The moral problems raised in the novel are still important today. In contemporary society, people often face questions of justice, honesty,

responsibility, and human dignity. Umarbekov's work reminds readers that moral values should remain at the center of human life. Therefore, the novel can be considered not only a literary text but also a means of moral education [9]. Overall, the discussion proves that O'lmas Umarbekov's "**Odam bo'lish qiyin**" combines realism, psychological analysis, and moral-philosophical meaning. The author presents the process of becoming human as a difficult but necessary path. Through the characters and their life choices, he shows that true humanity requires constant self-control, compassion, sincerity, and spiritual growth. This makes the novel an important work in Uzbek prose and a valuable source for understanding moral issues in literature [7].

### Conclusion

In conclusion, O'lmas Umarbekov's "**Odam bo'lish qiyin**" is a significant work that deeply explores the moral and psychological aspects of human life. The novel shows that being human is not only a biological condition, but also a difficult moral process. Through the characters, events, and conflicts, the author reveals that true humanity is formed through honesty, conscience, responsibility, kindness, and spiritual maturity. The analysis shows that the title of the work clearly reflects its main idea. A person may be born as a human being, but becoming a morally mature and responsible individual requires constant effort, self-control, and the ability to choose good over evil. Umarbekov emphasizes that a person's real value is shown in difficult situations, when they must make important moral decisions. The novel also demonstrates the close relationship between the individual and society. Family, education, friendship, and social environment influence the formation of personality. However, the author also shows that every person is responsible for their own actions and choices. This idea gives the work strong educational and moral significance. Overall, "**Odam bo'lish qiyin**" teaches readers to think about the meaning of humanity, moral responsibility, and personal development. The work remains relevant because the problems of honesty, justice, conscience, and human dignity are important in every period. Therefore, the novel can be considered not only an important example of Uzbek prose, but also a valuable literary source for moral education and self-improvement.

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