

## INFLAMMATORY DISEASES OF THE ORAL CAVITY

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### Annotation

This paper discusses the causes, clinical features, and treatment methods of inflammatory diseases of the oral cavity. Conditions such as gingivitis, stomatitis, and periodontitis are closely related to poor oral hygiene, infectious factors, and the general health status of the body. Early diagnosis and proper treatment of oral inflammatory diseases play an important role in preventing serious complications [1,2].

**Key words:** oral cavity, inflammatory diseases, gingivitis, stomatitis, periodontitis.

### аннотатсиya

Ushbu ishda og‘iz bo‘shlig‘ida uchraydigan yallig‘lanish kasalliklarining kelib chiqish sabablari, klinik belgilari va davolash usullari yoritilgan. Gingivit, stomatit va parodontit kabi kasalliklar og‘iz gigiyenasiga rioya qilinmasligi, infekzion omillar hamda umumiy organizm holati bilan chambarchas bog‘liqdir. Og‘iz bo‘shlig‘i yallig‘lanish kasalliklarini erta aniqlash va to‘g‘ri davolash og‘ir asoratlarning oldini olishda muhim ahamiyatga ega [1,2].

**Kalit so‘zlar:** og‘iz bo‘shlig‘i, yallig‘lanish kasalliklari, gingivit, stomatit, parodontit.

### Аннотация

В данной работе рассматриваются причины возникновения, клинические проявления и методы лечения воспалительных заболеваний полости рта. Такие заболевания, как гингивит, стоматит и пародонтит, тесно связаны с недостаточной гигиеной полости рта, инфекционными факторами и общим состоянием организма. Ранняя диагностика и своевременное лечение воспалительных заболеваний полости рта имеют важное значение для профилактики осложнений [1,2].

**Ключевые слова:** полость рта, воспалительные заболевания, гингивит, стоматит, пародонтит.

### Introduction

Inflammatory diseases of the oral cavity are among the most common conditions encountered in dental practice and represent an important public health problem. These diseases, including gingivitis, stomatitis, and periodontitis, are primarily caused by microbial factors, poor oral hygiene, and various systemic conditions. If not diagnosed and treated in a timely manner, oral inflammatory diseases may lead to serious complications, such as tissue destruction, tooth loss, and a decline in overall quality of life [1,2].

Modern dentistry places significant emphasis on the prevention, early diagnosis, and effective management of inflammatory diseases of the oral cavity. Understanding their etiology, clinical manifestations, and treatment approaches is essential for improving therapeutic outcomes and maintaining oral and general health. Therefore, the study of inflammatory diseases of the oral cavity remains a relevant and necessary direction in contemporary dental science [1,3].

### Relevance of the Topic

Inflammatory diseases of the oral cavity, such as gingivitis, stomatitis, and periodontitis, remain widespread among people of all age groups and represent a significant public health concern. Poor oral hygiene, the presence of pathogenic microorganisms, systemic health conditions, and lifestyle factors contribute to the increasing prevalence of these diseases.

Despite advances in modern dentistry, traditional treatment methods alone are not always sufficient to prevent complications and recurrence. Therefore, understanding the etiology, prevention strategies, and effective management of oral inflammatory diseases is essential.

Timely diagnosis and appropriate treatment reduce the risk of tooth loss, chronic infections, and other serious complications, making this topic highly relevant for both clinical practice and research in contemporary dentistry [1,4].

### Conclusion

Inflammatory diseases of the oral cavity, including gingivitis, stomatitis, and periodontitis, are common dental conditions that can significantly affect oral and overall health if left untreated. Early diagnosis, proper oral hygiene, and timely intervention are crucial in preventing disease progression and minimizing complications.

Modern dentistry emphasizes both preventive and therapeutic approaches, using advanced materials and treatment methods to manage these conditions effectively. A thorough understanding of the causes, clinical manifestations, and treatment strategies of oral inflammatory diseases is essential for improving patient outcomes and promoting long-term oral health. Consequently, the study and management of these diseases remain a highly relevant and important area in contemporary dental practice [1,5].

### References

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