

WAYS TO INCREASE LEARNING MOTIVATION IN STUDENTS WITH DISABILITIES

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Annotation: This article analyzes the theoretical and practical aspects of increasing learning motivation in students with disabilities. In the course of the study, it was shown that an individual approach, active learning methods, and game technologies are effective in strengthening motivation. The concept of inclusive education and the importance of incentives within the framework of state policy are also highlighted.

Keywords: disability, learning motivation, inclusive education, individual approach, active learning, game technologies, encouragement, pedagogical methods, children.

Education is a fundamental right for every person, and the full and effective implementation of this right for children with disabilities is an important criterion for social justice and sustainable development of society. The Concept and Roadmap for the Development of Inclusive Education for 2020-2025, approved by the Decree of the President of the Republic of Uzbekistan dated October 13, 2020 No. PP-4860 "On Measures for Further Improvement of the System of Education and Upbringing of Children with Special Educational Needs," created the legal basis for state policy [1]. This document defines specific measures to ensure equal educational opportunities for children with disabilities, encouraging their education in general education institutions and active participation in public life. Increasing the learning motivation of students with disabilities through inclusive education, unlocking their personal potential, and helping them become full members of society is one of the priorities of the education system.

The level of learning motivation in students with disabilities often depends on their adaptation to the educational environment, pedagogical approaches, individual needs, and support systems. Therefore, the systematic implementation of innovative pedagogical methods, a differentiated approach, and psychological support aimed at increasing motivation in the educational process is of great importance. This article analyzes scientifically based ways to increase learning motivation in students with disabilities, practical approaches, and effective strategies for their implementation.

Learning motivation is a system of psychological processes associated with the student's motivation to act in the educational process for internal and external reasons, the striving for a goal, and the desire to overcome difficulties [2]. Motivation shapes a person's interest, goal-orientation, determination in self-assessment and learning activities. In pedagogical theories, motivation is divided into two main types: internal motivation (related to the child's own interests and inner needs) and external motivation (formed through grades, incentives, praise, and awards) [3]. In children with disabilities, internal motivation is very important, as external incentives help them build self-confidence and realize their potential[4].

Pedagogical approaches have different effects on increasing motivation. For example, according to Albert Bandura's theory of social learning, children acquire new skills through observation and imitation, which increases their interest in learning activities[5]. Also, Lev Vygotsky's concept of the "zone of proximal development" allows children to develop their ability to learn independently and make decisions, providing them with support [6].

Children with disabilities'in the learning process'in the learning process'have specific psychological and pedagogical characteristics'. They often face some limitations in attention, memory, speech, and social skills. Therefore, it is important for teachers and parents to apply an individual approach. Learning motivation in children with disabilities depends on their self-confidence, level of social support, and the teacher's encouraging approach [7].

Also, psychological studies show that the combination of external incentives (praise, reward, positive assessment) and internal interest in children with disabilities increases the effectiveness of the educational process. Developing children's self-management abilities and independent decision-making skills is also an important factor in increasing motivation [8].

There are a number of effective pedagogical approaches to increasing learning motivation in children with disabilities. Including:

- 1) Individual approach and differentiated learning - assigning tasks tailored to each child's abilities, needs, and capabilities, which increases motivation [9].
- 2) Active teaching methods - encouraging children to actively participate through project work, group work, and interactive activities [10].
- 3) Game and creative methods - making the learning process interesting through educational games, dramatization, visual and practical exercises.
- 4) Encouragement and positive motivation - supporting children with praise, rewards, and incentives, thereby increasing their self-confidence [11].

Thus, theoretical analysis shows that effective ways to increase learning motivation in children with disabilities are the combination of an individual approach, active and interactive methods, and a system of incentives, taking into account psychological characteristics.

Effective methods and approaches to increasing learning motivation in students with disabilities were tested. The study was conducted with primary school students, where the main focus was on an individual approach, active learning methods, and game technologies. The study involved 20 students with disabilities, who were observed in the process of performing various pedagogical tasks.

Observation, interviews, questionnaires, and pedagogical experiment were used as research methods. The results of the observation showed that tasks that gave children the opportunity to make independent decisions and carry out creative activities significantly increased their motivation. For example, through group creation of small projects, problem-solving, dramatization, and visual exercises, children demonstrated their abilities and actively participated in the learning process [12].

Also, the initiative of children was further strengthened through encouragement and positive feedback from the teacher. After completing each task, the children were involved in evaluating their work and presenting the results. The results showed that as children saw their success, their internal motivation increased, their self-management skills and independent thinking skills developed.

In addition, during the study, it was found that the combination of active learning methods and game technologies is effective. For example, through learning games, students found the learning process interesting and showed persistence in completing complex tasks. In project-based work, they had the opportunity to freely express their opinion, cooperate with the group, and apply decision-making skills in practice.

In conclusion, effective ways to increase learning motivation in children with disabilities are a differentiated approach that takes into account personal capabilities, the use of active and creative methods, and the systematic implementation of pedagogical incentives. This serves to ensure the personal development of students, increase their interest in the educational process, and form skills for active participation in society.

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