

PEDAGOGICAL OPPORTUNITIES OF ACMEOLOGY FOR DIRECTING AND PREPARING MASTERS FOR SCIENTIFIC AND PROFESSIONAL ACTIVITY

Shukurllayev Jurabek Maksadbayevich

Doctor of Philosophy in Pedagogical Sciences (PhD), docent, Chirchik State University

Annotation: This article contains instructions and suggestions on the didactic possibilities and stages of acmeology for guiding and preparing masters for scientific and professional activities.

Key words: Direction, quality, acmeology, master, excellence, productivity, professionalism, promotion.

Early identification of the talent of young people and its correct direction is directly related to increasing the practical value of education. Based on modern approaches, the development of mental and physical qualities of young people is considered as the main condition for raising a healthy generation in the society.

In fact, in our Republic, a number of high-level works are being carried out in this regard, to form a number of basic competencies, to educate a student-pupil who is flexible to educational innovations and meets the modern requirements of society. Consequently, the need to develop the most reasonable methods and ways of applying the theoretical knowledge obtained in higher education institutions in real life situations by developing the basic competencies of young people is increasing.

Establishing a stable attitude towards national and universal values among modern youth, in particular, ensuring horizontal and vertical integration of applied sciences, developing mental and physical qualities of young people, forming national worldview, healthy lifestyle skills in them, mentally strong and physically great attention is being paid to the development of effective technologies for training energetic personnel. The work carried out in our country to improve the quality of general secondary and higher education, to ensure that young people grow up as mentally mature and physically fit individuals, is ultimately aimed at the development of the state and society and the well-being of the people. Although modern interactive methods of teaching have been created, modern pedagogical approaches, in particular, by raising the talents and potential of children's personnel, by radically improving the conditions for children to follow a healthy lifestyle in all aspects and for their physical development attention is being paid to the development of mental and physical qualities, the improvement of quality and efficiency by means of innovative technologies and modern methods of teaching.

On March 19, 2019, the President of the Republic of Uzbekistan emphasized the need to increase attention to young people, to widely involve the young generation in culture, art, physical education and sports, to form their skills in the correct use of information technologies, among young people he put forward 5 important initiatives in the video selector dedicated to the issues of promoting reading and ensuring women's employment. These initiatives are aimed at creating the necessary conditions for young people to demonstrate their abilities, and in its content, it implies the development of newly modernized methods for the intellectual development of young people in the field of education. Also, the above-mentioned documents developed by the government create the necessary conditions for the formation of a socially active, spiritually mature person with developed mental and physical qualities in continuous education and the training of highly qualified young people.

The indicators of acmeology for the orientation and training of masters in scientific and professional activities are as follows: a high level of awareness of the values of health and physical fitness, the need for regular physical education and sports, special knowledge, the development of

physical qualities, the formation of technical movements and the recognition of physical achievements. provides.

Acmeological indicators are:

- health level of scientific and professional ideas;
- mental and physical preparation;
- objective or subjective high achievements;
- includes creative and positive uses of tools and methods.

This creates the need to effectively use acmeological methods and principles for maximum training and improvement of masters in scientific and professional activities.

As a result, an acmeological environment is created within the framework of physical education in the implementation of a set of cognitive, verification, didactic, diagnostic and, in fact, acmeological determinants. The methods and principles of the acmeological approach are important in the orientation and formation of masters in scientific and professional activities.

It can be concluded from the determined indicators that special attention should be paid to the issue of developing the professional abilities and professional competences of specialists in the implementation of methodological aspects of the acmeological approach in the orientation and formation of masters in scientific and professional activities. Also, the process of directing and preparing masters for scientific and professional activities is complex and requires a number of psychological, acmeological-pedagogical conditions and factors.

The set of actions carried out in the orientation and preparation of masters for scientific and professional activities, creates an opportunity to compare pedagogical and psychological, as well as anatomic and physiological aspects at the same time. As a result of this, based on the acmeological approach, scientific and professional activities will take place in harmony, and the methods, tools, forms and principles used in it will become a whole.

The acmeological approach is considered to be the achievement of the highest level of scientific and professional activity, and the essence of the acmeological approach in the modern education process is determined by strengthening the scientific and professional activity of the master, analyzing the performed actions, identifying personal capabilities and using them effectively. Orientation and training of masters for scientific and professional activities is carried out by direct implementation of its principles and methods in practice.

The acmeological approach to the orientation and preparation of masters for scientific and professional activity creates an orientation to the scientific and professional activity in which movement activity is studied.

Acmeological orientation in the orientation and preparation of masters for scientific and professional activity is an integrative quality, which includes the goal, values, motives, aspirations, etc., which determine the student's activity and the basis of his vector.

Acmeological orientation in the orientation and preparation of masters for scientific and professional activity is a description that directs the maximum manifestation of one's abilities and advanced development both in the field of scientific activity and in the field of professional activity.

In conclusion, it can be noted that the process of directing and preparing masters for scientific and professional activities is to modernize the interactive cooperation and independent-creative relations between the professor, teacher and master, the content of professional and scientific education, and the education of a well-rounded person and its social aspects. In the pedagogical process, scientific and professional activity is the introduction of new goals, contents, methods, forms and methods, organization in cooperation between a professor, a teacher and a master.

References

1. Journal of physical education and sports. 2018.

2. Shukurllayev J.M. Methodological features of selecting young students for volleyball. academic research in educational sciences. No. 1. 2020 October 2.
3. Shukurllayev J.M. "The didactic basis of the acmeological approach in the development of physical qualities in schoolchildren (on the example of the sport of volleyball)" PhD dissertation Chirchiq-2023.
4. Bekmurodov M., Mavlonov O. The science of acmeology and the perfect incon finder //. Society and others, - 2006. - No. 1.