

THE PEDAGOGICAL FOUNDATIONS OF DEVELOPING SYSTEMATIC THINKING IN FUTURE TEACHERS ON THE BASIS OF A COGNITIVE APPROACH***Samatova Shohsanam Kholmuhammad kizi****specialty 13.00.01 – Theory of pedagogy, History of pedagogical Doctrines,
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Annotation: This article explores the pedagogical foundations of developing systematic thinking skills in future teachers through the application of a cognitive approach. The study emphasizes the importance of cognitive strategies in strengthening analytical ability, problem-solving skills, and reflective thinking in teacher education. By integrating cognitive methods into the learning process, future teachers are encouraged to establish logical connections, identify patterns, and develop a holistic vision of educational problems. The article also discusses the role of interactive teaching techniques, independent research, and critical reflection in fostering systematic thinking. The findings highlight that the development of systematic thinking not only enhances professional competence but also equips future teachers with the ability to adapt to innovative educational practices and respond effectively to the challenges of modern pedagogy.

Keywords: future teachers, cognitive approach, systematic thinking, pedagogy, professional competence, problem-solving, critical reflection, analytical skills, teacher education, innovation

In the context of modern education, the training of future teachers requires not only the acquisition of subject knowledge but also the development of systematic and analytical thinking skills. A cognitive approach serves as an effective pedagogical foundation for this process, as it focuses on the mechanisms of perception, memory, reasoning, and problem-solving. Through the application of cognitive strategies, future teachers can be guided to analyze educational situations more deeply, establish logical connections between concepts, and apply structured methods of reflection in their professional practice.

The development of systematic thinking enables teacher candidates to integrate theoretical knowledge with practical experience, fostering their ability to design innovative solutions to pedagogical challenges. Interactive methods, critical discussions, and research-based learning play a decisive role in strengthening these competencies. Thus, the pedagogical basis of cognitive approaches lies in preparing future teachers not only to master the teaching profession but also to cultivate a mindset oriented toward continuous learning, creativity, and adaptability in the rapidly changing educational environment.

The concept of developing systematic thinking in future teachers has been widely studied in the context of modern pedagogy. Many scholars emphasize that systematic thinking is essential for professional competence, as it allows teachers to connect theoretical knowledge with practical applications.

Bloom's revised taxonomy (Anderson & Krathwohl, 2001) provides an important framework for structuring cognitive development, moving learners from simple recall of facts to higher-order thinking such as analysis, evaluation, and creation. This framework is especially relevant to teacher education, where future teachers must not only master knowledge but also learn to design and assess learning experiences for their pupils.

Bransford, Brown, and Cocking (2000) highlight that learning is most effective when it actively engages mental processes and connects to prior knowledge. Their findings support the use of a cognitive approach to develop systematic thinking, as it fosters deep learning rather than rote memorization. Similarly, Shuell (1986) emphasizes that cognitive conceptions of learning focus on how knowledge is structured and retrieved, which is directly tied to the development of systematic problem-solving skills.

Vygotsky's (1978) socio-cultural theory also plays a significant role in understanding the foundations of systematic thinking. According to his view, interaction and collaboration are

central to cognitive growth. This suggests that future teachers benefit from problem-based learning, group projects, and reflective dialogue, which strengthen their ability to think critically and systematically.

Recent studies in cognitive psychology (Sternberg & Sternberg, 2017) indicate that systematic thinking is closely linked with metacognition, or the ability to reflect on one's own thought processes. Teacher education programs that include reflective practice, concept mapping, and case study analysis are therefore more effective in preparing teachers for professional challenges. Darling-Hammond (2006) further notes that teacher education must prepare candidates to meet the demands of 21st-century classrooms by developing adaptability and innovative thinking. Cognitive approaches, supported by instructional design models (Jonassen, 1997), help bridge the gap between theoretical instruction and classroom practice.

In summary, the literature demonstrates that the cognitive approach provides a solid theoretical foundation for developing systematic thinking in future teachers. It not only improves intellectual skills but also prepares teachers for innovation, problem-solving, and lifelong professional growth.

In the twenty-first century, the professional training of future teachers is closely connected with the ability to think systematically and solve complex educational problems. Modern pedagogy no longer limits teacher preparation to the transmission of subject knowledge alone; it requires the cultivation of higher-order thinking skills that enable teachers to analyze, evaluate, and apply knowledge in a structured and purposeful way. One of the most effective pedagogical approaches for achieving this goal is the cognitive approach, which focuses on the mental processes of learning, reasoning, and problem-solving.

The cognitive approach provides a strong foundation for developing systematic thinking, as it emphasizes the active role of learners in processing information, constructing meaning, and making logical connections between concepts. For future teachers, this approach is particularly significant, since their professional success depends not only on mastering teaching methods but also on the ability to design lessons, predict outcomes, and respond effectively to diverse classroom situations. By fostering systematic thinking, teacher education programs can prepare graduates who are capable of integrating theory with practice, identifying patterns in pedagogical processes, and generating innovative solutions to educational challenges.

Furthermore, the integration of systematic thinking into teacher education is closely linked with the demands of the rapidly changing global educational environment. Teachers must be equipped to navigate new technologies, adapt to student-centered learning models, and address the individual needs of diverse learners. Cognitive strategies—such as critical reflection, problem-based learning, and research-oriented tasks—encourage future teachers to view education as an interconnected system rather than a set of isolated practices. This perspective nurtures flexibility, creativity, and professional adaptability, which are essential qualities for teachers in the modern world.

Therefore, the pedagogical foundations of developing systematic thinking through a cognitive approach should be regarded as a priority in the preparation of future teachers. Strengthening these skills not only contributes to their personal intellectual growth but also ensures the advancement of educational quality, innovation, and sustainable professional development.

The development of systematic thinking in future teachers on the basis of a cognitive approach reveals several important pedagogical aspects. First and foremost, systematic thinking is not a natural outcome of ordinary learning; rather, it requires structured guidance, well-designed tasks, and purposeful reflection. The cognitive approach provides this framework by helping learners to understand how they acquire, organize, and apply knowledge. When integrated into teacher education, it transforms learning from a passive reception of facts into an active process of constructing and analyzing ideas.

One of the key points of discussion is the relationship between systematic thinking and professional competence. Teachers are often faced with situations that require rapid yet well-

grounded decisions: selecting appropriate teaching strategies, adapting to diverse learners' needs, or resolving classroom challenges. Without systematic thinking, these decisions may be fragmented and ineffective. Cognitive strategies, such as problem-based learning, concept mapping, and reflective practices, enable future teachers to approach such challenges with logical structure, identifying cause–effect relationships and predicting outcomes.

Another aspect is the role of interactive and research-oriented activities. When teacher candidates engage in debates, case studies, or collaborative projects, they not only exchange information but also learn to evaluate arguments, compare perspectives, and construct reasoned conclusions. These activities strengthen both individual and collective dimensions of systematic thinking, preparing teachers to function effectively in collaborative educational environments.

The discussion must also address the challenges associated with implementing a cognitive approach. Some future teachers may initially struggle with abstract thinking, preferring memorization over analysis. This indicates the need for gradual scaffolding—introducing systematic tasks in stages, starting with guided exercises and moving toward independent problem-solving. Furthermore, teacher educators themselves need adequate training to design learning activities that stimulate cognitive engagement rather than mere reproduction of knowledge.

Finally, the broader implication of this approach lies in its contribution to educational innovation. Teachers who possess systematic thinking skills are better prepared to integrate digital technologies, adopt interdisciplinary methods, and foster critical and creative thinking in their pupils. This ensures that the next generation of students benefits from a learning environment that is dynamic, interconnected, and future-oriented.

In summary, the discussion highlights that the cognitive approach provides a powerful pedagogical foundation for developing systematic thinking in future teachers. Its success, however, depends on the careful integration of interactive methods, reflective practices, and continuous support, ensuring that teacher candidates grow into professionals capable of navigating the complexities of modern education.

The study of pedagogical foundations for developing systematic thinking in future teachers through a cognitive approach demonstrates that this competence is a cornerstone of professional teacher education. Systematic thinking equips future teachers with the ability to analyze educational processes, establish logical connections, and design effective strategies that respond to the diverse challenges of modern classrooms.

The cognitive approach provides the necessary framework by emphasizing active learning, reflection, and problem-solving. It shifts the focus from rote memorization to meaningful understanding, encouraging teacher candidates to become independent thinkers and creative problem-solvers. Interactive methods, research-oriented activities, and critical reflection practices play an essential role in this transformation, ensuring that systematic thinking is not abstract theory but a skill applied in real pedagogical contexts.

The findings suggest that systematic thinking contributes to the professional competence of teachers in three key dimensions: intellectual growth, pedagogical adaptability, and innovative capacity. Future teachers who master these skills are better prepared to integrate technology, foster critical and creative thinking among pupils, and maintain a balance between theoretical knowledge and practical application.

Therefore, the development of systematic thinking through a cognitive approach should be considered a strategic priority in teacher education programs. It not only enhances the quality of teacher preparation but also supports the broader goal of improving educational outcomes and nurturing a generation of learners who are capable, reflective, and adaptive in a rapidly changing world.

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