

CRITERIA FOR ASSESSING THE HYGIENIC CONDITION IN CHILDREN'S HOSPITALS

Temirova O, Ashuraliyeva M.

Andijan State Medical Institute, Uzbekistan

Annotation: Countries all over the world are trying new ways of softening or partially lifting COVID-19 related restrictions while keeping the virus progression in check. As several countries take measures to adjust to the new normal, schools reopening are among the most pressing and challenging considerations to be made. Indeed, with more than 30 million cases of COVID-19 reported worldwide, education is one of the most affected sectors. UNESCO estimates that almost a billion students are facing either school closure or uncertainty regarding their classes, threatening the future of several generations.

Key words : covid-19, hygienic school.

Improved Attendance, School hygiene is a determinant of overall school attendance. This is true for both students and staff members, who attend school less frequently because of illness or a general distaste for attending a school that isn't cleaned properly or that isn't hygienic.

A building that isn't hygienic can collect a significant amount of bacteria over time. Considering the amount of people who go in and out of schools, this can be especially dangerous and can lead to sickness and illness for everyone involved.

Health-related policies should include the overall hygiene of a school. The impact of school cleanliness on the health of those exposed to bacteria within schools is big. To promote hygiene within schools, it may be necessary to create things like health clubs and hosting information sessions about hygiene in general.

Motivation to Learn

When students and staff are exposed to an environment that is clean and sanitary, they will be more motivated to learn. This is because the overall aesthetic of any classroom, building, or room, can affect overall morale and can discourage students from wanting to put effort into a school that isn't willing to put effort into them.

Not only this but having a clean school will improve the motivation of parents and other visitors. When parents visit a school to enroll their children, the natural look of the school will have a large impact on their willingness to enroll.

The School Environment

The aesthetic and physical environment of your school is especially important regarding the physiological and psychological development of students and staff members.

A school that is both safe and healthy has the following characteristics:

- A classroom that isn't overcrowded.
- A classroom that is well-ventilated and that has enough daylight; for example, your classroom should have a window with an area that makes up about $\frac{1}{3}$ of the floor area.
- A good distance between the students in the front and second rows of the classroom and the screen or blackboard. This will ensure that your students' eyes aren't at risk.
- Desks and chairs that are not too large or too small for the children attending school.
- Your school should be hygienic, meaning there shouldn't be any exposure to excessive bacteria, chemicals, or pollution. Of course, some of these things will be dependent on different services and classrooms your school offers; however, they are essential characteristics to consider if you want a hygienic school.

Drinking Water and School Hygiene

Your school's drinking water determines a lot about the overall hygiene of your school. Not only this, but your students need to have universal access to this drinking water.

In general, it is suggested that your school has one tap of drinking water for every 50 students in the school. Any taps or water fountains you have installed should be at the right height for your students, which is a component of having accessible water services.

Waste Management

Schools go through a significant amount of waste and, as such, need appropriate waste management services. This waste can be anything from food during lunch hour to paper and cardboard from classroom projects.

These are the facilities that your school should have to ensure sanitation and hygiene in your school:

- It would help if you had garbage and waste bins in all offices or classrooms. When necessary, you should also place bins in hallways or playgrounds that experience a significant amount of waste. Any floors or property should be cleaned to ensure that any waste is thrown out and isn't laying around the school.
- A disposal pit should be used to eliminate the waste that is collected from classrooms, offices, halls, etc. If you have an incinerator nearby, this will be your biggest tool in removing waste and ensuring the hygiene of your school.

Classroom Sanitation

Your classrooms are the areas of the school that students will spend the most time in, which is why having clean classrooms is so important. You should, for example, have clean and smooth floors, seats and desks that are appropriate for the development and the learning of students, and light and ventilation that promote a sanitary and healthy environment.

When these components aren't prioritized, it can have a significant impact on the wellbeing and the learning of your students'.

Professional Cleaning Services

One of the best ways to ensure that your school is always clean and hygienic is to hire cleaning services. This is because professional cleaners will have a greater understanding of which areas need to be cleaned most frequently, and they'll be able to provide you with a better idea of how to clean certain areas of your school.

Not only this, but professional cleaners like Titan CHS are up-to-date with hygienic regulations across different regions. Titan's team of cleaners are continually updating their training and certification to ensure that your school is in the best of hands and that they have the most innovative technology or cleaning techniques to back them up.

Conclusion

We know the importance of having a healthy and happy staff and student population; after all, happy students equal a happy life! Still, having a hygienic school can often be overlooked and can be placed second to other priorities within schools.

That's where we come in! We provide clients with only the best cleaning services, which ensure the safety and happiness of everyone stepping in the building. If you have any questions that we haven't answered thus far, feel free to leave us a message or to contact us today!

Key words:

1. Dresslar, Fletcher B. (1913). School hygiene. New York: The MacMillan Company. p. 1. school hygiene.
2. ^ Dresslar, Fletcher B. (1913). School hygiene. New York: The MacMillan Company. p. 2. school hygiene.
3. ^ Dresslar, Fletcher B. (1913). School hygiene. New York: The MacMillan Company. p. 3. school hygiene.
4. ^ Meckel, Richard (2013). Classrooms and Clinics: Urban Schools and the Protection and Promotion of Child Health, 1870-1930. New Brunswick, NJ: Rutgers University Press. ISBN 978-0-8135-6239-1.
5. ^ Newsholme, Arthur (1898). School hygiene: the laws of health in relation to school life. London: Swan Sonnenschein and Co. school hygiene.
6. ^ Shaw, Edward R. (1902). School hygiene. New York: The MacMillan Company. school hygiene.