

ENDEMIC MEDICINAL PLANT SPECIES DISTRIBUTED IN JIZZAKH REGION

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Anotatsiya: The medicinal plants in common endem jizzakh region are studied in this article. Endem of medicinal plants found not only the wealth of the local ecological system, but also in folk medicine is one of the invaluable resources as important. The biological properties of medicinal plants research common in jizzakh region, ecological role, and be applied in folk medicine in their system that contains information about.

Key words: Dzhizak medicinal plants, endem the plants, the ecological system of folk medicine, medicinal properties.

Access

Every region of uzbekistan reflects the diversity of specific biological and region jizzakh is a bright example of it. Popular medicinal plants of their region endem with this is, many of them in other areas does not occur. Endem the wealth of the special nature of the plants is of human health plays a big role in the recovery. In this article, Dzhizak region and the biological properties of medicinal plants used in folk medicine to be found in endem organized. The flora of uzbekistan and the rich diversity of fauna affairs of the country. In particular, the project in their region of the mountain, the mountain skirts, steppe and desert areas found through many unique and endem (only grow in certain areas a) the type of plant has. The climate of this area, the composition of the soil and a variety of medicinal plants relyef-creates the ground to be different. Endem had been using since ancient times in folk medicine, especially when the plants are also some of the medicine, also the ecological importance.

Uzbekistan, in particular dzhizak region of their own, with unique natural conditions, it is characterized by mountainous and steppe zone with a combination of. In this area many if there are medicinal plants, some of them endem is found, that is, limited only grow in the same area or geographical space. Endem found not only medicinal plants, ecological and scientific aspects, but also in folk medicine and in the field of pharmaceuticals is of great importance.

Bulk

Geography and climatic conditions of the specific region jizzakh the rich natural it will become a natural living environment for many types of medicinal plants endem. Endem only in certain areas of the medicinal plants, in particular, dzhizak region are occurring in the plant. Special of their own biological, ecological and therapeutic features stand out. In maintaining regional ecological system stability of these plants and plays an important role in providing a means to restore health in folk medicine. Zaamin jizzakh region, Forish, like Forish tog'oldi and medicinal plants in the flora occurs in mountainous regions of central asia endem incoming. These plants are mainly mountain side for

centuries, and o'rmonzor o'tloqlarda grow. Of them, many used since ancient times in folk medicine, and the bridesaid.

So one of the plant endem — Zaamin ephedrine (*Ephedra lomatolepis*). This plant only in uzbekistan, some mountainous regions, especially in Zaamin state national nature park occurs. Drugs mainly prepared from ephedra species, asthma, bronchitis, nasal be stricken and wide range of other respiratory diseases is applied. Ephedrin natural substance in the structure of this plant there is a case of if, many pharmaceutical drug, itis the main component of atlar. Another endem an important medicinal plant *Ferula foetida*, that is, among the people “asafoetida” with the name of popular. This mountainous region jizzakh plant and grow in dry regions. Removable resin from ferula species, the stem of substances in the digestive problems, colds, urinary tract infection and is used in folk medicine. In the meantime, it is antibacterial and yallig'justified against the texture.

Bitter wormwood (*artemisia in cin*) also found occurring in one type of endem region jizzakh is, it has been used since ancient times as a natural means against the parasite. The dried leaves of this plant and is effective against the intestinal parasite tincture. For the health of children especially safe and natural treatment b is useful as a tooland die due to common.

Also, *Lagochilus inebrians* (in the language of the people “sarxush grass”) of jizzakh region, Forish and regions that grow in Zaamin unique, endem is one of the plants. It blood deterrent and reduce pain as a commercial tool that is appreciated. Tinctures prepared from the leaves of the mouth on the inside in inflammation, fights internal bleeding and ulcers in useful.

Dzhizak the mountain ridges, especially in places close to the turkestan ridge, many lemon-herb (*melissa officinalis*), in blossom almond (*Amygdalus bucharica*), black cumin (*nigella sativa*) also live for the wild form of the species and basil environment. These plants are able to form endem found in some cases bethey folk medicine in the cardiac-vascular, digestive, nervous system problems and anti-inflammatory is used as a tool. Endem of the plants more significant aspect of this environmentally sustainable in their role. They live in their environment, prevention of soil erosion, dust-create a barrier against the wind, performs services as important to those involved in changlatuvchilarni ekosistema. Therefore the protection of such plants and their preservation, scientific, medical and environmental importance.

The diversity of medicinal plants found in the territory of jizzakh region the territory of the common endem mountainous, desert, and steppe zone associated with specific environmental conditions. Sho'ra in mountainous regions (*Salvia sclarea*), boychechak (*Adonis vernalis*) and licorice (*glycyrrhiza glabra*) as plants grow. Sho'ra in the structure of anti-inflammatory and antiseptic substances, if there are, it is widely used in folk medicine. While Boychechak heart-vascular system and is used in folk medicine in the treatment of heart disease include beneficial ingredients. While licorice is known for carrying the features of their immunity. While in the desert regions thistles (*Alhagi maurorum*), fig (*Ficus carica*) endem drought-resistant plants such as the spread. Thistles plant is not only in nature, but also in folk medicine is used in the treatment of colds and diseases of the colon. Cleanse your colon and digestive system plays an important role in improving the plant, while fig. Local ecological system which is important to enrich the soil of these plants and are of significance in the prevention of erosion.

Chuchukmiya occurring in the steppe regions (*glycyrrhiza glabra*) and other jizzakh region plays an important role in ensuring environmental sustainability of medicinal plants. Chuchukmiya plant is effective in the treatment of colds and respiratory diseases, have been using for centuries in folk medicine. They are also holding meetings the role of the fertility of the soil is incomparable.

Endem medicinal plant in jizzakh region, not only the riches of nature, but also as a part of the local economy is also important. This is the preparation of drugs from medicinal plants, folk medicine and are used in support of the development of the pharmaceutical industry wide. In addition, plant protection measures at the local level and to maintain or increase an endem see. This is not only to human health but also to ensure it is also important for the biodiversity of the area.

Endem found in medicinal plants, as well as performs important roles in the ecological system. They ensure that a biological link under the earth and the earth torn ecosystem, will maintain the stability of the environment. Therefore, studies of these plants, their medicinal properties are important in today's day introduction to the practice of deep study and research direction. Endem the plant dzhizak region, not only be stored, but the whole is important to the ecology of uzbekistan.

Summary

Medicinal plant wealth of local endem jizzakh region not only of the ecological system, but also plays a role as an important part of folk medicine. The biological properties of these plants can be used effectively by studying them in depth in health and agriculture. Medicinal plants and their ecological sustainability to ensure the protection of endem found for the rational use of natural resources is one of the important directions in the future. Words to conclude in dzhizak region separately as the natural wealth of medicinal plants occurring in endem are valued. The role of them in folk medicine, and healing properties and prospects in the pharmaceutical field study shows the need to protect them. Study the scientific basis of this plant, used with caution them and increase people's health and the environment plays an important role in ensuring the stability of. Region jizzakh own unique flora of many medicinal plant has an endem. The natural wealth of this not only plants, but also natural as the guarantee of human health is also valuable. Em preservation and proper use – creates the ground for the health of future generations.

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