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PROFESSIONAL TRAINING OF PHYSICAL EDUCATION TEACHERS IN HIGHER EDUCATION

Abstract:The level of development of society determines the degree of quality of education, which directly depends on the competence of teachers. Professional training in higher education is the most important stage in the process of education of the future physical education teacher, as higher education institutions (hereinafter the UNIVERSITY) is the last step before the beginning of professional activity of the future-specialist teacher.

Keywords:Competence, professionalism, physical training, teacher, physical culture, specialist, quality of pedagogical education

Аннотация:Уровень развития общества определяет степень качества образования, которая напрямую зависит от компетентности преподавателей. Профессиональная подготовка в высшей школе является наиболее важным этапом в процессе образования будущего преподавателя физкультуры, так как высшие учебные заведения (далее ВУЗ) является последней ступенью перед началом профессиональной деятельности будущего-специалиста педагога.

Ключевые слова:Компетентность, профессионализм, физическая подготовка, преподаватель, физическая культура, специалист, качество педагогического образования.

The growth of the state determines the development of all spheres of society. A special role in this process is education, the degree of which depends on the quality of professional training of teachers. Each area of education has a great contribution to the formation of the personality of the younger generation. Physical culture plays a special role in human life.

The emerging new system of physical education provides for the need for appropriate changes in the training of physical education teachers in the system of higher pedagogical education. This is reflected in the content of the new educational standard, new curricula and programs, the transition to a five-year period of study, and the search for ways to improve the professional training of future specialists. The purpose of the study is to analyze the professional training of teachers in the field of higher education in the field of physical culture and sports, as well as to find ways to improve the quality of education of future teachers.

The achievement of the research goal involves the improvement of the field of education in the field of "physical culture", which is based on the application of methods of didactic modeling of professional activity. The training of future physical education teachers in higher schools provides for their full-fledged growth of professional readiness, the effective formation of professionally relevant knowledge, skills and abilities, through which future specialists acquire practical skills in the field of their future professional activities. It is worth noting that one of the areas of improvement of higher education is related to changes in the legislative sphere. New changes are accompanied by new directions of students' practical activities for the future profession.

One of the most effective ways to solve this problem is to introduce innovative technologies. An important role in personnel training is played by the application of practical activities in the educational process. The sooner a specialist begins to acquire practical skills, even at the most basic level, the more likely he is to improve his professional readiness and competence. Personal abilities are formed and realized only through experience and practice. The implementation of practical activities can be carried out with the help of business games, which can be applied in the process of professional training of future teachers in educational and practical classes as the main technological tool in a pedagogical university.

A business game is a method by which you can bring the situation as close as possible to the professional activity of a specialist. This is an educational and practical, simulation and preparatory activity of future specialists, which is a stage of transition from gaming to practical activities. The didactic game is a universal technological tool for organizing the educational and practical activities of future teachers, which makes it possible to reduce the level of psychophysiological overstrain by implementing the process against the appropriate emotional background of the activities of its participants. Game activity, consisting of game actions that constitute certain functions in complexes, can also be defined as effective, professional training of a person for work.

Theoretical knowledge plays an important role in the training of specialists, as well as practical ones. A future teacher should have knowledge not only of the theory and methods of physical culture and sports, but also of physiology, biomechanics, anatomy and other sciences necessary for the organization of physical culture and sports in an educational institution. Thus, the professional readiness and competence of a future physical education teacher is determined by the degree of knowledge and skills acquired as a result of practical and theoretical activities at the same time.

Taking into account the above requirements, it is possible to form the general professional qualities and functions of a physical education teacher in a higher educational institution:

- knowledge of the teaching subject and methodology,
- Psychological training,
- general erudition,
- broad cultural outlook,
- pedagogical skills,
- knowledge of educational technologies,
- knowledge of the student body
- organizational skills and abilities,
- scientific passion,
- pedagogical tact,
- pedagogical technique, a clear and distinct understanding of the goals and objectives of the

work being carried out,

Communication skills.

Currently, the growth rate of science and technology allows the use of various methods to improve students' knowledge in various areas. New programs and methods are emerging for high-quality training in certain professions, which not only help to accumulate a large number of skills, but also increase the opportunity to enhance the general culture, as well as allow future specialists to realize their own and creative potential.

The training of future physical education teachers involves, first of all, the development and implementation of curricula and various methods by which the student will learn information on the content of educational activities. The quality of mastering knowledge and skills also depends on the teacher, how he presents the content of the program.

The sequence of actions, the structure of the learning process, and methods of motivation for future specialists play a very important role in teaching. Thus, the requirement to improve the quality of education of future teachers has been and remains important and relevant at all times.

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