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## CONCEPTS OF THE CHILD'S MENTAL DEVELOPMENT AND SOCIALIZATION PROCESSES

**Annotatsiya:** maktabgacha yoshdagi bolalarni psixik rivojlantirishda ijtimoiy muhitga moslashuvi va o`zining shaxs sifatida rivojlanishiga qo`llaniladigan metodlar yoritilgan

**Аннотация:** освещены методы, используемые в психическом развитии детей дошкольного возраста для их адаптации к социальной среде и развития как личности.

**Abstract:** the methods used in the mental development of preschool children to adapt to the social environment and develop as individuals are highlighted.

Social environment - social, material and spiritual conditions surrounding a person for living and working. The environment in a broad sense (macroenvironment) includes the socio-economic system - a set of productive forces, social relations and procedures, social consciousness and culture of society. The social environment (microenvironment) in the narrow sense is the family, work, education, etc. that directly surrounds a person. consists of groups. The social environment has a decisive influence on the formation and development of a person. At the same time, the social environment changes under the influence of human creative activity and activity, and people themselves also change in the process of these changes. The child's mental development and socialization processes are closely related, and each of them plays an important role in the formation of the child's personality and successful functioning in society. For a deep understanding of these processes, first of all, it is necessary to define the concepts of mental development and socialization.

### Mental development of the child

Mental development of a child is the growth and formation of a child's mental activity (intelligence, behavior, emotions, motivation, language) in several stages. Mental development takes place as a result of the interaction of biological, psychological and social factors. Each stage of this process develops in accordance with the child's age, physical and mental condition, reading and learning experience.

#### The main aspects of mental development:

Cognitive development (intelligence): A child's ability to think, remember, focus, understand, and receive knowledge.

Emotional development: The child's feelings, the ability to manage them, the formation of emotions and mental state.

Social development: A child's relationships with others, finding his place in society, mastering social roles.

Moral development: the formation of the child's understanding of moral values and standards.

One of the main theories of mental development is Piaget's theory of cognitive development, which provides information on how a child understands the world and develops intelligence. Also,

Erikson's theory of psycho-social development and Kohlberg's theory of moral development are of great importance in understanding children's psyche.

### Socialization process

Socialization is the process by which an individual learns and assimilates the cultural, moral, and social rules of society. The process of socialization usually begins at birth and continues throughout life. The main goal of this process is to teach children the norms, values, and rules of behavior in society.

Socialization includes the following important aspects:

**Adaptation to society:** The child tries to find his place in society, adapt to its norms and traditions.

**Cognitive learning:** In the process of socialization, the child learns to establish relationships with others, acquire new knowledge, and form his own views.

**Innate social behavior:** Parents and relatives create the basic social environment for the child, which forms the foundations of social behavior in the child.

**Learning Social Roles:** The child begins to identify his or her own social role (eg, child, student, friend), and learns these roles through social interactions.

The stages of the socialization process can be as follows:

**Family socialization:** The child learns to follow social rules, moral standards, and social behavior in the family. Parents, close relatives and family members create the first social environment for a child.

**Socialization at school:** At school, the child communicates with friends and teachers and learns new social roles. Teachers and peers have a great influence on a child's mental and social development.

**Community and media:** A child is socialized more widely through community groups, media, and technology. This process forms his worldview, learns global and cultural values.

The relationship between the child's mental development and socialization

A child's mental development and socialization processes are closely related. Each stage of mental development is directly related to the process of socialization, and vice versa, socialization also affects the psychological development of the child. Some of the main dependencies are:

**Emotional development and social relations:** In the process of socialization, the child learns to establish relationships with others, which positively affects his emotional development. Playing with friends and communicating with peers develops a child's emotional responsibility and empathy.

**Moral development and societal norms:** During socialization, the child learns moral norms in society. This process forms his moral values, it helps to master the principles of distinguishing between good and bad, respecting others.

**Cognitive development and social learning:** A child learns from his social experiences, such as how to interact with others and react to change. Social learning expands the child's worldview and affects his cognitive development.

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