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## METHODS OF EFFECTIVE DEVELOPMENT OF LISTENING SKILLS IN STUDENTS WHO DO NOT MAJOR IN A FOREIGN LANGUAGE

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**Annotatsiya:** Ushbu maqolada bugungi kunda chet tilini o'rganishdagi asosiy ko'nikmalardan biri hisoblangan eshitish ko'nikmasini mustaqil yoki mutaxassis bo'lmaganlarga o'rganishning samarali usullari va ulardan foydalanish bo'yicha bir necha tamoyillar va strategiyalarni yoritib beriladi.

**Kalit so'zlar:** tushunish, ko'nikma, o'rganish, talaffuzni yaxshilash ta'lim dasturi, platform, amaliyot maslahat berish.

**Аннотация:** В этой статье будут освещены некоторые принципы и стратегии эффективного самостоятельного или неспециализированного умения слушать, одного из наиболее важных навыков в изучении иностранного языка сегодня.

**Ключевые слова:** понимание, навык, обучение, программа тренировки произношения, платформа, практическое консультирование

**Abstract:** This article will highlight some principles and strategies for effective independent or non-specialist listening skills, one of the most important skills in foreign language learning today.

**Keywords:** comprehension, skill, learning, pronunciation training program, platform, practice counseling.

In today's rapidly changing world, learning a foreign language plays a very important role. Every language in the world has its own unique skills and competencies, and learning them is a serious matter. In particular, developing listening skills is crucial for students in non-language specialties or for those learning a foreign language independently.

This skill is closely related to other language learning skills such as reading, writing, and speaking. Before listening, it's important to determine why you are listening. For example, you might listen to improve general understanding, expand your vocabulary, or enhance your pronunciation. Planning the listening process according to your goals can be effective. There are several effective methods for developing listening skills:

**1. Working with Audio and Video Materials:** Using various audio and video materials can enhance listening comprehension in a foreign language. For instance, listening to films, series, podcasts, and music helps students to hear natural speech. This way, students learning a language can understand word pronunciations, accents, and different speaking styles.

**2. Asking Questions:** It is crucial to ask questions about words and phrases that are unclear when listening to a text. This builds a strong foundation for students learning the language.

**3. Listening and Taking Notes:** Writing down newly heard words or sentences, then replaying and analyzing them can strengthen listening skills. This method expands vocabulary and aids in comprehending the listened text.

Additionally, making predictions before

listening can help focus attention during the listening process. For example, predicting the topic, main idea, or upcoming words can enhance engagement with the material.

Listening comprehension can also be developed through specific listening exercises, such as focusing on certain words or phrases. Students in non-language specialties or those learning a foreign language independently can benefit from interactive listening exercises, especially through online platforms or applications. In these exercises, learners listen to texts and then answer various questions or summarize the material, turning them into active listeners. There are also step-by-step methods to gradually improve listening comprehension:

- **Gradually Increasing Difficulty:** Starting with simple and clearly pronounced texts, then progressing to more complex materials helps improve the listener's ability.

- **Expanding Vocabulary:** Learning new words and hearing them can enrich the language and enhance the ability to fully understand texts. Listening to audiobooks and audio texts helps students develop listening skills, as it teaches them to distinguish between written and spoken language.

- **Repetition:** It can be beneficial to listen to material multiple times, as understanding everything on the first listen may not be possible. The first listen can provide general information, while the second listen can focus on deeper understanding.

### The Benefits of Repetition

#### 1. Reinforcement of Key Concepts

Each subsequent listen reinforces your memory of the material. Familiar terms and ideas begin to feel second nature, making it easier to recall them when needed.

#### 2. Filling in Missing Details

With each repetition, you may notice details you missed during the first listen. These nuances often hold the key to fully grasping complex ideas or arguments.

#### 3. Improved Retention

Studies show that spaced repetition—revisiting material at intervals over time—enhances long-term memory. By reviewing content regularly, you strengthen neural pathways, making it less likely you'll forget what you've learned.

#### 4. Adapting Focus

Repeated exposure allows you to shift your focus with each listen. For example:

- The **first pass** can highlight the main ideas.
- The **second pass** can emphasize understanding examples or arguments.
- The **third pass** can focus on synthesis and application, thinking about how to use the information in real life.

### Practical Tips for Repetition

- **Use Varied Formats:** Listening multiple times can feel redundant, so consider switching up how you engage with the material. Pair audio with written summaries or visual aids to deepen comprehension.
- **Set Specific Goals:** Decide what you want to achieve with each listen. For example, you might aim to summarize the material after the first listen and critique it after the second.

- **Incorporate Reflection:** After listening, take time to jot down what you've learned, questions you have, or how the information connects to prior knowledge.

For those learning a language independently or struggling with it, watching videos with subtitles is a good method for learning new words and phrases. Using subtitles in the foreign language allows for improved pronunciation and familiarization with the spelling of words. Initially, one can focus on reading the subtitles and then try to understand them through listening.

Active listening can also be learned through careful engagement with the material, making logical conclusions, and noting important points or new words. Performing specific exercises through certain audio and video materials can also be effective, such as focusing on individual words, phrases, and paying attention to pronunciation or adapting to speed. In conclusion, listening skills are an integral part of any language, including foreign languages. By regularly applying the methods outlined above, learners can effectively develop their listening skills step by step in the process of learning a foreign language.

To sum up Listening skills are a cornerstone of mastering any language, especially foreign languages, as they directly influence other competencies like reading, writing, and speaking. By employing effective strategies such as working with audio and video materials, asking questions, taking notes, and using repetition, learners can enhance their ability to comprehend spoken language. Gradually increasing the complexity of listening materials, expanding vocabulary, and utilizing subtitles can further support this development. These methods not only help learners become active listeners but also build a strong foundation for engaging with the language in meaningful ways. Consistency and a structured approach are key to progressively improving listening skills, ensuring long-term success in language acquisition.

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