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## TYPES OF FAIRY TALE THERAPY USED IN PRIMARY CLASSES OF SPECIAL EDUCATIONAL INSTITUTIONS

**Abstract:** The article describes the effective method of using fairy tale therapy in primary classes of children of special educational institutions. The benefits of fairy tale therapy are described. Information about the types of fairy tales used in fairy tale therapy is provided.

**Key words:** special education, cognitive, therapy, hyperactive, competence, individual, anomaly, compensation.

Our main goals in working with disabled children are the development of the emotional sphere, social and aesthetic relations, education of the sense of collectivism, development of thinking, attention, speech, memory and fine motor skills. Through fairy tales, we try to form children's love for nature, modesty, kindness, national decency, responsibility and many other qualities of universal human values.

Fairy tale therapy is a psychotherapeutic approach, with the help of which the child overcomes his fears, negative personality traits, and also educates, develops his personality and, if necessary, corrects his behavior. . It is the most ancient method of upbringing and education, fairy tale therapy has a valuable value in human civilization and its origin goes back more than a thousand years. Fairy tales and stories have been used for teaching and healing purposes since ancient times. M. Erikson, N. Pezeshkian, B. Bettelheims began to use metaphors, fairy tales and parables as a means of psychotherapeutic intervention. N. Pezeshkian considered parables and proverbs as examples of a vivid image of speech, which suggested that they help resolve intrapsychic conflicts and remove emotional stress[1].

However, in the scientific world, fairy-tale therapy has a very young age, and the official establishment date of the Institute of Fairy-tale Therapy is considered to be 1998 in St. Petersburg.

Fairy tale therapy is very popular today and is actively used in working with children with severe intellectual disabilities. Using a fairy tale in teaching, you can correct the negative aspects of the child's behavior.

Types of fairy tales used in fairy tale therapy:

Didactic fairy tale - created to tell children about new concepts (home, nature, family, rules of behavior in society, etc.). Tasks in such fairy tales give the child the opportunity to immediately apply the acquired knowledge in practice. A didactic story can be told in any convenient form (story, cartoon or just a game). This is a didactic tale that can arouse interest in a child and liven up a regular lesson.

A psychological fairy tale is designed to guide and enrich the child's personal development.

Fairy tale - introduces children to the aesthetic principles and traditions of humanity.

Diagnostic fairy tale - helps to determine the child's character and reveals his attitude to the world.

A meditative fairy tale is a special type of fairy tale that communicates with the listener's subconscious by creating vivid visual images in his imagination.

Fairy tale therapy for hyperactive children.

When working with children with attention deficit hyperactivity disorder, the method of fairy tale therapy is often used, which allows reducing excessive activity and normalizing the child's emotional state. Through a fairy tale, a hyperactive child learns to control his behavior, becomes calmer.

Fairy tale therapy in speech therapy work with children.

The method of fairy tale therapy is also widely used to teach children with severe speech disorders. This method is very effective for developing the child's cognitive abilities, as well as speech function in an unobtrusive, simple and convenient game. Fairy tale therapy helps to form cause-effect relationships and learn social norms accepted in society.

Fairy tale therapy for children with severe mental retardation.

All training using fairy tale therapy is conducted in the form of a game. This method allows the child to develop creative thinking, oral speech, imaginative thinking, the ability to establish cause-and-effect relationships, and develop a sense of humor. Fine and gross motor skills, mood background, self-care skills, modeling, drawing and writing are improved with the help of story therapy.

Listening to a fairy tale, the child plunges into a magical world full of secrets and adventures. It helps to form a strong feeling for the hero of the fairy tale in the child. Fairy tale therapy helps to teach, develop and teach children to communicate with other people, as well as to develop speech, higher mental functions: thinking, memory, imagination.

In the process of correction and education, fairy tale therapy occupies a special place, because with the help of fairy tales, children learn the norms of behavior shown by the main characters of fairy tales in the easiest and simplest way.

The method of fairy tale therapy in classes with children who need special education is not only educational, but also correction and development aimed at increasing the personal and creative potential of the child. Fairy tale therapy awakens children's love for reading, it is interesting for children not only to play fairy tales together with a specialist, but also to analyze other fairy tales and read them independently.

Fairy tale therapy is one of the main genres of folklore, a prose work of an epic, mostly magical, adventurous or domestic character. It is one of the types and methods of emotional-psychological, pedagogical influence, social and moral formation in socio-cultural activity. [2]

Writing and reading fairy tales is used in play psychotherapy to offer the child new opportunities and behaviors, to attract his attention, to stimulate the manifestation of hidden abilities, as well as to strengthen optimism and hope in the child. Gives him a chance to achieve a positive result.

T. D. Zinkevich divides fairy tale therapy into the following types:

1. Writing fairy tales - interpretation; rewriting fairy tales; write new tales and stories;

2. Staging fairy tales - a fairy tale in the sand; theatrical games; therapeutic puppet shows;
3. Telling a story - a) Group - to invent "in the circle"; telling a well-known fairy tale "in a circle"; b) Individual - from the 1st person; From the 3rd person [3].

Thus, we can conclude that fairy tale therapy is an effective way of working with children who need special education. Because this method allows solving problems of emotional-will control of behavior. He introduces children to books, introduces them to literature, and also encourages children to be creative by writing fairy tales together. Fairy tale therapy develops a child's personality through a multifaceted effect. It develops leadership qualities, speech, imagination, thinking, and also helps to eliminate undesirable qualities: indecisiveness, fear, aggression, etc.

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