

**TREATMENT OF RECURRENT HERPES WITH ACYCLOVIR*****Karimova Kamola****1st year Master's student****O.S. Yuldasheva****Scientific supervisor, decent**2nd Department of Obstetrics and gynecology**Andijan State Medical Institute*

**Relevance.** Today, the problem of miscarriage remains one of the most pressing issues. Among the causes, herpesvirus infection occupies a leading position, with diverse clinical manifestations.

The aim of the study is to evaluate the effectiveness of the drug "Acyclovir" in the treatment of recurrent herpes.

**Materials and methods.** 30 women with a history of miscarriages were under observation, among whom herpesvirus infection was identified as a cause. This group of patients underwent general clinical, bacteriological, and bacterioscopic examinations, as well as testing for TORCH infections. The age of the patients ranged from 20 to 35 years. The duration of the disease ranged from 2-3 months to 5 years or more. The localization of herpes rashes was as follows: 28 patients (96%) in the genital area and 2 patients (4%) were diagnosed with labial herpes.

For the treatment of herpesvirus infection, we used acyclovir in combination with immunotherapy, depending on sensitivity, with drugs such as cycloferon, immunomodulin, and polyoxidonium.

**Research results.** Acyclovir was prescribed in the initial period of herpes infection activation - during the prodromal period or on the first day of relapse, 800 mg 4 times a day, for a course of treatment of 6.4 g. It was noted that acyclovir quickly alleviates all subjective and general symptoms, and the regression of rashes during treatment occurs in a much shorter time. In patients, the recurrence duration was reduced from  $19.3 \pm 1.48$  to  $5.1 \pm 0.1$  days. After the treatment, patients underwent avidity tests, which yielded positive results.

**Conclusion.** Thus, acyclovir therapy in patients with recurrent herpes leads to an increase in the duration of remission. Treatment with acyclovir is well-tolerated by patients without side effects.