

THE NECESSITY OF BOOK READING IN INCREASING YOUTH SOCIAL ACTIVITY*Olimova Mashhura**State Institute of Art and Culture of Uzbekistan**"Library-information activity"**1st year student*

Abstract: The relevance of this thesis lies in the fact that the active and initiative-driven segment of youth is considered a crucial part of social life. Their spiritual and intellectual development is regarded as a decisive factor for the future of society. In this regard, book reading plays an essential role. Reading books enriches the minds of young people, encouraging them to become knowledgeable, creative, and socially active.

Keywords: youth social activity, book reading, reading culture, youth education, spiritual development.

YOSHLAR IJTIMOYIY FAOLLIGINI OSHIRISHDA KITOB MUTOLAASINING ZARURATI

Annotatsiya: tezisning dolzarbligi haqida gapirganda, yoshlar ijtimoiy hayotining faol va tashabbuskor qatlami hisoblanadi. Ularning ma'naviy va intellektual rivoji jamiyatning kelajagi uchun hal qiluvchi omil sanaladi. Bu borada kitob mutolaasi muhim o'rin tutadi. Chunki kitob o'qish yoshlar ongini boyitib, ularni bilimdon, ijodkor va ijtimoiy faollikka undaydi.

Kalit so'zlar: yoshlar ijtimoiy faolligi, kitob mutolaasi, kitobxonlik madaniyati, yoshlar tarbiyasi, ma'naviy rivojlanish.

НЕОБХОДИМОСТЬ ЧТЕНИЯ КНИГ ДЛЯ ПОВЫШЕНИЯ СОЦИАЛЬНОЙ АКТИВНОСТИ МОЛОДЕЖИ

Аннотация: Актуальность данного тезиса заключается в том, что активная и инициативная часть молодежи считается важным элементом социального развития. Их духовное и интеллектуальное развитие является решающим фактором для будущего общества. В этом контексте чтение книг занимает важное место. Оно способствует расширению сознания молодежи, побуждая их быть более образованными, креативными и социально активными.

Ключевые слова: социальная активность молодежи, чтение книг, культура чтения, воспитание молодежи, духовное развитие.

Increasing the level of knowledge and developing the ability to think critically is one of the main effects of reading books among young people. By reading books, moral values are formed and young people become more active in social life. This is greatly influenced by historical, scientific and artistic works.

A book is a source of knowledge and enlightenment. In my opinion, by reading books, young people realize their abilities, raise their morale and take their place in the life of society. Especially through historical and fiction literature, they learn national values. Young people are the main strength and future-determining layer of any society. Their spiritual and cultural maturity is important for the development of society. The need and aspirations of young people to acquire knowledge determine their social activity. From this point of view, book reading stimulates activities aimed not only at personal development, but also at the implementation of changes in society.

First of all, young people take an example from their family. If parents are used to reading books, children will also learn this habit. For example, if the family holds a "reading night" one day a week, and all members exchange opinions about the books they have read, this will increase the interest of young people in books. Organizing regular reading contests, conferences and literary evenings in schools and higher education institutions brings young people closer to books. For example, holding debates on the books read and encouraging the winners will have a good effect. Reading books expands the worldview of young people and ensures their spiritual development. By reading books, young people not only acquire new knowledge and skills, but also develop a positive outlook on life. At the same time, reading develops moral values and encourages young people to be responsible before the public.

Organization of regular reading contests, conferences and literary evenings in schools and higher education institutions brings young people closer to books. For example, holding debates on the books read and encouraging the winners will have a good effect. Young people prefer to read books that seem to match their interests. For example; promoting books about riskology, fiction, and ways to achieve success will increase their attention to the book. Young people seem to follow the habits of celebrities and bloggers. If famous people promote reading, young people will follow in their footsteps. For example; When famous people talk about the books they have read in interviews and in real life, it encourages young people to read books. Today, fashionable movements are spreading rapidly among young people. To make reading a fashion trend, you can start special campaigns on social networks.

For example; Carrying out promotions such as "One book a week". Youth social activity plays an important role in the development of society today. Socially active young people not only develop themselves, but also actively participate in the social, political and cultural life of society. Reading books has a special place in the development of these processes. The book expands a person's thinking, shapes his worldview and strengthens social activity.

Reading books not only provides young people with knowledge, but also helps them solve problems in society. Books, especially works related to social, political and cultural spheres, teach young people to think broadly, memorize and understand. Such books strengthen the desire to improve society in the minds of young people, encourage them to be socially active. In my personal opinion, book reading is not only a source of knowledge for young people, but also an important factor of personal and social development. Today, when information technologies are developing at a rapid pace, it may seem that the importance of the book is losing its place. However, it should be noted that books help deepen human thinking, develop the ability to think independently, and comprehensively analyze every reality. Indeed, the book is the wing of thought. If this wing is strong, it will not stop striving for high latitudes. Interest in books serves to enrich the spiritual world of the young generation. Every person

can make full use of his spiritual treasure and limitless potential through books and enrich his life and the lives of others. The book is the nourishment of our soul, making friends with it not only elevates us spiritually, but also introduces us to the world and leads to goodness.

Through books, young people not only enrich their inner world, but also feel that they are an important part of society. For example, through historical works, they learn from the bravery of their ancestors, and through philosophical works, they seek answers to complex questions of life. At the same time, fiction helps young people to understand life events and develop qualities such as compassion and tolerance.

The role of the book in the formation of spiritual values, especially among young people, is incomparable. In my opinion, regular reading should become a necessary habit for every young person not only to increase their knowledge, but also to expand their worldview, critical thinking and personal development. In the era of today's global problems, I think that there is no more effective tool for raising socially responsible young people than books.

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The book is the treasure of the human heart, the treasure of thought

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