

**THE ROLE OF FICTION IN PROVIDING MENTAL DEVELOPMENT****Sultonova Khurshida****Annotation**

This article analyzes the role of fiction in ensuring mental development. Fiction is an important tool in developing human thinking, forming imagination and detailed thinking skills. Personal and social consciousness, spirituality, and moral values are strengthened through literary works. Especially in educating the younger generation, fiction has a great influence, through which children develop such qualities as empathy, aesthetic taste, and critical thinking. The article also highlights the role of fiction in the educational process, its psychological and pedagogical foundations.

**Keywords**

fiction, mental development, thinking, aesthetic education, children's literature, critical thinking, spiritual values, education.

**INTRODUCTION**

The intellectual development of a person means the expansion of his thinking, worldview, analytical approach to problems and the scope of his thinking. Various factors play an important role in this process, one of which is fiction. Fiction not only gives aesthetic pleasure, but also shapes human thinking, encourages him to reflect on complex life situations. Especially literary works read at a young age are of great importance in the formation of a child as a mentally, morally and emotionally mature person. This article analyzes the role of fiction in mental development, its impact on the human personality and its importance in the educational process.[1]

**DISCUSSION AND RESULTS**

Organizing the educational process in preschool educational institutions based on the requirements of the time is an important condition for ensuring the intellectual, moral, aesthetic and physical development of children. This requires revising the existing system and introducing modern and effective methods of education. In the process of upbringing, work should be carried out on the basis of a methodological approach appropriate to the child's age and stage of development. Because a child develops differently at each age: the growth of the organism, mental and intellectual maturity occur differently. Great thinkers such as Abu Ali Ibn Sino, Komensky, K.D. Ushinsky, Abdulla Avloni emphasized the need for child upbringing.[2]

Fiction is considered an important tool in the mental and spiritual development of preschool children. In accordance with the "First Step" program, a "Fiction" lesson is held once a week in all groups. The main goal of these lessons is to arouse children's interest in books and develop a reading culture. Works of fiction expand the child's thinking, develop logical thinking, imagination, and form the ability to distinguish between good and evil.[3]

During the lessons, the educator, while reading or retelling a work of art, provides information about its genre, author, and theme. The interest of the children who have heard the work and their desire to hear it again is determined. The fairy tale or story should be simple and interesting, appropriate to the age and worldview of the children, and enriched with visual aids and movement games. Also, if the work is staged, children's listening, perception, and understanding of images skills are further strengthened.

Fiction is widely used in the "Language and Speech" and "Story-role-playing" centers. For example, after reading and listening to A. Obidjon's fairy tale "Friendship", having a conversation about the meaning of friendship, role-playing, and role-playing increases children's ability to think, feel, and evaluate.

To increase the effectiveness of literary studies, the educator should pay attention to the following:[4]

- A thorough study of the work and identification of its main idea;
- Formation of spiritual and moral qualities in children;
- Development of thinking and analytical skills;
- Organization of questions and answers and discussion based on the events of the work;
- Deepening the idea using poems, proverbs, and wise sayings.

An individual approach to each child, valuing his or her opinion, and a sincere attitude help the child to feel like a person. The folk proverb "If you want to get fruit from a tree, take care of it in its sprouts" expresses this truth.

In the formation of a child's spiritual and aesthetic outlook, literary works, especially folk tales, epics, alla, and songs, play a special role. For example, Zafar Diyar's song "Alla" beautifully depicts the love and sacrifice of a mother for her child. This instills in children respect, loyalty, and love for their mother and homeland.[5]Fiction plays an invaluable role in the development of human thinking, imagination, and speech culture. Through literary works, the reader deeply understands various social situations, relationships between people, and moral and spiritual experiences. This develops his or her important mental processes such as logical thinking, analysis, and empathy. Fiction also increases the ability of students to form critical thinking and approach reality from their own point of view.

Literature has the power to directly influence the human mind and expands the reader's imagination through the images it contains. Especially works intended for school-age children - fairy tales, stories, children's stories - serve to improve their perception of the world and increase the richness of speech. Each literary work read at this age stimulates the child's memory, attention, and mental activity.

Experience shows that students who regularly engage in fiction have deeper thinking, stronger communication skills, and a more developed critical approach. They are able to express their opinions well and creatively approach solutions to various problems.

Also, fiction allows students with little personal life experience to indirectly study various life situations and draw the right conclusions. This increases their social awareness and level of intellectual maturity.

Through fiction, students not only form their moral and aesthetic tastes, but also consistently develop their intellectual potential and culture of thought. Therefore, it is important to widely use the educational and intellectual potential of literature in the educational process.[6]

## CONCLUSION

In conclusion, fiction serves as an important factor in the mental development of a person. It expands the scope of students' thinking, enriches their imagination, and develops logical and critical thinking skills. Especially in the upbringing of the younger generation, the influence of works of art is incomparable, through which children understand the realities of life, assimilate moral values and social norms. Therefore, the effective use of fiction in the educational process, its deep integration into the curriculum is an important strategy for improving mental potential. Fiction is not only spiritual nourishment, but also one of the main sources of mental development.

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