

**THE SOCIAL AND MORAL FOUNDATIONS OF FAMILY UPBRINGING***Hasanova Nilufar Azzam kizi**Bukhara State Pedagogical Institute**1st-Year Master's Student in the Field of Social-Humanitarian**Sciences (Methodology of Teaching Social Sciences – Legal Education)*

It is well known that the current stage of development in our country has brought forward modern criteria for applying national values in family upbringing. The spiritual atmosphere within the family, as a source of moral education, shapes the distinctive features of national ethics and upbringing. In the process of engaging with the family environment, norms of behavior, socio-spiritual and cultural concepts and perceptions, as well as new interests and needs are acquired and developed within the social context.

When discussing the factors that influence the spiritual development of an individual, first and foremost, the individual himself is considered, followed by the microenvironment, then the mesoenvironment, and finally the overall state of society and its political, ideological, cultural-educational, and economic spheres. The family is the most important social institution in a person's life. The formation, upbringing, and moral and spiritual development of every individual begins within the family. As the primary unit of society, the family is the foundation of the development and stability of the entire society. Therefore, studying and strengthening the social and moral foundations of family upbringing is an extremely urgent issue today.

Consciousness and morality developed in the family environment protect the individual from social vices. In this regard, the paradigm of intellectual novelty and spiritual maturity becomes relevant in studying the moral-spiritual environment of the family, manifesting itself in a unique way. The aspiration for spiritual maturity implies the individual's strong adherence to humanistic principles, living in accordance with moral and ethical standards in social life and personal conduct.

The family is the most effective setting for shaping a person's spirituality. Regardless of nationality, every family embodies the spirituality of its people, passing down centuries-old traditions and values from generation to generation. Indeed, a person's worldview, beliefs, life principles, ideals, values, and a set of skills are mainly shaped within the family. From this perspective, the family serves as a fortress of spirituality, reflecting the spiritual identity of its nation.

Therefore, the distinctive national character of the Uzbek family is manifested through interpersonal relationships within the household, family ceremonies, customs, traditions, and national-spiritual values. Mutual respect, reverence for parents, compassion toward children, and care for the younger members in Uzbek families are values that shape a well-rounded, morally and spiritually developed personality, nurturing human virtues. The essence of these values is first instilled into children's consciousness through family upbringing. In this process, a person's moral consciousness, behavior, and activity are directed based on axiological principles.

The family is the most important and stable social institution in society and serves as the first educational environment in every person's life. The foundation of human society begins with the

family. That is why every nation throughout history has paid great attention to family education. The customs, ethical norms, and religious beliefs developed over centuries by Eastern peoples, including the Uzbek nation, have elevated family upbringing to the level of national value.

According to historical sources, in ancient Turkic societies, strict adherence to respect within the family, obedience to elders, kindness to the younger, and clear understanding of each family member's role was observed. Experts believe that the social environment, communication, psychological well-being, and harmony of religious and spiritual approaches within the family play a decisive role in the development of children. For instance, social psychologist Kh. Shodiyev, in his research, emphasizes that the family environment is a key factor in shaping children's attitudes toward moral standards. A healthy family ensures a healthy society.

The family is the first and fundamental stage in an individual's moral, spiritual, and social development. The upbringing received in the family, the relationship between parents, and respect for societal values directly influence the success of children in life. Moreover, the family provides a stable social environment that helps children grow based on spiritual values. Family upbringing forms the moral norms of society. In most cases, the values formed in the family remain unchanged and continue to support and guide individuals throughout their lives. Likewise, ethical, moral, and social norms expected in society are initially learned within the family.

**Through the family, society fosters individuals who are:**

- **Loyal to their civic duties,**
- **Hardworking,**
- **Patriotic,**
- **Capable of maintaining healthy relationships with others.**

The family, as a social system, prepares individuals for integration into society. A healthy family forms the basis for a healthy society. Moral values serve as internal guiding principles that help individuals stay on the right path in a rapidly changing world. Honesty, conscience, patience, respect, reverence for parents, and humanism – all these values are first formed within the family. The relationship between parents and their attitude toward their children directly influences moral education.

The national values and Islamic moral standards that have developed over centuries in our country play a vital role in family upbringing. Islam highly esteems virtues such as respect for parents, care for relatives, honesty, and patience. Therefore, raising children based on these values within the family is a key factor in shaping morally mature and spiritually enriched individuals.

In today's world, globalization, the overwhelming influence of the internet and social media have led to a growing trend among youth of adopting foreign cultures while neglecting their own national values. This situation reflects a weakening of family upbringing. Parents need to spend more time with their children, engage in meaningful conversations, listen to their concerns, and serve as role models through their own behavior. Only then can the family become strong and the upbringing effective.

Family upbringing is not merely about providing children with clothing and food. It is a comprehensive process of raising individuals who are morally mature, patriotic, honest, and conscientious – individuals ready to contribute positively to society. The stronger the social and moral foundations of family upbringing, the healthier and more developed the next generation will be.

The family is not only the foundation of its individual members but of the entire society. As a small model of society, the family environment enables children to learn about ethics, morality, and spiritual values, helping them understand their future roles in the wider community. The family plays a key role in ensuring social stability. By teaching mutual respect, love, and a strong work ethic among its members, families contribute not only to their own well-being but also to the prosperity of society as a whole.

Family upbringing is a sacred responsibility that extends beyond material provision. It is the cornerstone of building a well-rounded, morally upright generation. The social and moral foundations of this process determine the strength and sustainability of future society. Every family is, in essence, the foundation of tomorrow's world. Parents, educators, and society as a whole must deeply recognize this responsibility and work together to fulfill it in practice.

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